

Central Region League - Palmerston North

MCAT, Palmerston North . 15 Nov 2008

Results

Female - 100m			
Place	Race No	Name	Time
W16			
1	G33	Phillipa Symes	12.53
2	W09	Olivia Blundell	13.02
3	H04	Emma Blake	13.30
4	W37	Bobby Rose Girven-Russell	13.48
5	R13	April Campbell	13.75
6	S64	Elise McIlroy	13.97
7	H45	Sarah Flynn	13.98
8	G67	Chloe Caird	14.05
9	S45	Sapphire Cavie	14.06
10	G68	Siobhan Wooding	14.15
11	W23	Monique Dalley	14.19
12	S57	Maddie Simmonds	14.26
13	T27	Olivia Hofmans	14.47
14	M10	Courtney Potaka	14.49
15	M04	Stacey Gunn	14.92
16	H09	Greer Donovan	15.11
17	G16	Danielle Janes	15.87
W19			
1	H05	Rebecca Blake	13.30
2	R15	Ellen Schaeff	13.33
3	R10	Vicky Paine	13.71
4	W107	Harriett Sowman	13.97
5	G37	Libby van Zanten	14.06
SW			
1	W52	Sarah Hosegood	13.00
2	W51	Louise Hosegood	13.11

Male - 100m			
Place	Race No	Name	Time
M16			
1	S46	Jackson Smith	11.77
2	M34	Andy Kruy	12.02
3	S15	Stephen Isaac	12.03
4	H42	Josh Lindroos	12.21
5	H43	Karl Hewitt	12.36
6	G58	Brad Martin	12.52
7	H46	Rhys Little	12.60
8	S61	Josh Kurton	12.75
9	G66	Tom Symes	13.02
=	T25	Devan Werder	13.02
11	H20	Dennis O'Leary	13.14
12	G61	Ethan Firmin	13.24
13	G25	Dylan Pearce	13.41
14	T09	Hayden Hendry	14.37
M19			
1	G23	Waisake Nuhola	11.68
2	H35	Ethan Ngawhare	11.81
3	W69	Tom Mathews	11.94
4	R04	Chris Girling Mclean	12.14
5	G01	Villiam Bogatini	12.40
SM			
1	M06	Hayden Pritchard	11.76

2	W127	Andrew Webber	12.20
3	W110	Matthew Sullivan	12.23
M40			
1	S68	Rod Plimmer	12.98
2	M25	Gavin Jensen	13.24

Female - 200m			
Place	Race No	Name	Time
W16			
1	G33	Phillipa Symes	26.28
2	H04	Emma Blake	27.61
3	W93	Anna Roche	28.05
4	R11	Stevie Paine	28.81
5	G08	Georgia Donald	29.18
6	G67	Chloe Caird	29.24
7	S45	Sapphire Cavie	29.48
8	S10	Ariana Harper	29.81
9	M10	Courtney Potaka	29.82
10	W23	Monique Dalley	29.84
11	H45	Sarah Flynn	29.85
12	T27	Olivia Hofmans	29.92
13	R12	Molly Creagh	30.18
14	S03	Megan Blair	30.33
W19			
1	R15	Ellen Schaeff	26.96
2	G27	Sarah Reid	28.20
3	H05	Rebecca Blake	29.17
SW			
1	W51	Louise Hosegood	26.29

Male - 200m			
Place	Race No	Name	Time
M16			
1	S46	Jackson Smith	23.62
2	G57	Glen Matuschka	24.50
3	G58	Brad Martin	24.95
4	H46	Rhys Little	25.15
5	G60	Alex Forsyth	25.50
6	W03	William Barrett	25.81
7	W111	Keiran Tan	25.93
8	S61	Josh Kurton	25.95
9	G66	Tom Symes	26.41
10	S66	Matt Murdoch	26.92
11	T25	Devan Werder	26.98
12	G61	Ethan Firmin	26.99
13	G25	Dylan Pearce	27.28
14	S63	Chris McIlroy	27.31
15	R21	Bevan Brown	28.73
16	R08	Tom Quinn	29.35
17	G12	Guy Gifford	29.88
M19			
1	H35	Ethan Ngawhare	23.62
2	G18	Geoff Kibby	23.78
3	R04	Chris Girling Mclean	24.42

SM			
1	W75	Nick Kalivarti	23.02
2	M06	Hayden Pritchard	23.98
3	W127	Andrew Webber	24.32

M40			
1	M25	Gavin Jensen	26.30
2	S68	Rod Plimmer	26.49

Female - 400m			
Place	Race No	Name	Time
W16			
1	W93	Anna Roche	59.52
2	M19	Stephanie Dickens	1:00.77
3	S45	Sapphire Cavie	1:02.11
4	R12	Molly Creagh	1:03.25
5	H39	Rochelle Bryant	1:04.93
6	H14	Georgia Kirby	1:05.93
W19			
1	T19	Alysha Simonsen	1:04.33
2	G27	Sarah Reid	1:04.99
3	G02	Anna Brodie	1:11.34
SW			
1	W130	Leah Warnock	1:02.02

Male - 400m			
Place	Race No	Name	Time
M16			
1	W77	Jack Oliver	52.68
2	G57	Glen Matuschka	52.82
3	W03	William Barrett	54.30
4	H44	Tim Burtin	54.44
5	W111	Keiran Tan	55.65
6	S63	Chris McIlroy	57.00
7	G31	Joe Stuart- Muirhead	57.47
8	H20	Dennis O'Leary	58.82
9	R21	Bevan Brown	1:04.00
10	R19	Jamie Campbell	1:05.00
M19			
1	M05	Scott Burch	48.75
2	S31	Andrew Underwood	49.01
3	H38	Ashton Tuck	51.62
4	W28	Declan Fuller	52.67

SM			
1	W75	Nick Kalivarti	49.00
M40			
1	M25	Gavin Jensen	56.62

Female - 800m			
Place	Race No	Name	Time
W16			
1	H40	Saskia Palleson	2:18.34
2	R11	Stevie Paine	2:18.78
3	S03	Megan Blair	2:24.07
4	M17	Courtney Walker	2:26.78
5	M19	Stephanie Dickens	2:29.19
6	G17	Poppy Kelt	2:30.22
7	H08	Monica Burnard	2:39.31
8	T16	Mackenzie Riddick	2:40.62
9	G59	Meredith Paterson	2:50.85

W19			
1	M46	Olivia Burne	2:16.84
2	G06	Georgie DeLautour	2:28.78
3	G21	Caroline Mellsop	2:31.86
4	T19	Alysha Simonsen	2:44.12

W35			
1	H30	Andrea Williams	2:28.23

Male - 800m			
Place	Race No	Name	Time
M16			
1	G45	Brad Mathas	1:54.43
2	M26	Josh Curry	2:01.24
3	W77	Jack Oliver	2:02.29
4	G15	Dani Hermann	2:02.78
5	W128	Rory English	2:02.97
6	S67	Alister Perkinson	2:04.26
7	S66	Matt Murdoch	2:06.11
8	S35	Tim Christensen	2:09.05
9	S65	Cameron Murdoch	2:18.84
10	R08	Tom Quinn	2:20.41
11	S29	Aaron Twiss	2:28.83
12	M72	Jordan Clark	2:34.96
13	R19	Jamie Campbell	2:40.50
14	M23	Nathan Pinkney	2:42.94

M19			
1	M12	Hayden Donnelly	1:55.30
2	S05	Corey Casey	1:55.80
3	W21	Timothy Cornish	1:58.49
4	M22	Daniel Pinkney	2:04.20

SM			
1	S26	Adam Steinmetz	1:57.34
2	T02	Jason Cressingham	2:02.47

M40			
1	M64	Andrew Davenport	2:02.77
2	G62	Mark Cornaga	2:06.71

Female - 1500m			
Place	Race No	Name	Time
W16			
1	H36	Laura Nagel	4:38.60
2	S20	Nicole Mitchell	4:49.82
3	S10	Ariana Harper	5:02.41
4	M14	Ariana Blackwood	5:08.49
5	N04	Holly Edmonds	5:11.61
6	H08	Monica Burnard	5:16.03
7	N10	Sophie Rose	5:32.97
8	T30	Anitra Roberts	5:44.91
9	T31	Laura Crawshaw	6:25.01

W19			
1	W100	Barbara Roy	4:44.31
2	R14	Renee Braggins	5:35.38

W50			
1	T28	Karen Gillum-Green	5:41.34

Male - 1500m			
Place	Race No	Name	Time
M16			
1	W02	Nathan Barrett	4:14.44
2	W83	Matthew Pavitt	4:20.78
3	S08	Hector Farmer	4:23.69
4	W01	Julian Baker	4:27.38
5	W71	Kieron McDonald	4:28.55
6	S09	Conor Gilchrist	4:28.93
7	S65	Cameron Murdoch	4:29.21
8	S62	Ryan McAlister	4:29.92
9	W98	Finn Roy	4:33.52
10	W43	Stewart Hancock	4:33.66
11	S60	Josh Dunstan-Brown	4:34.96
12	S69	Shaun Smith	4:38.89
13	S29	Aaron Twiss	4:52.77
14	G22	David Mellsop	4:53.80
15	M23	Nathan Pinkney	5:34.46

M19			
1	H25	Eric Speakman	4:03.74
2	S21	Luke O'Donnell	4:24.24
3	R07	Cameron Sinclair	4:52.58

SM			
1	T02	Jason Cressingham	4:08.76

Female - 3000m			
Place	Race No	Name	Time
W19			
1	M46	Olivia Burne	9:51.05
2	W116	Katherine Vance	11:20.48

W50			
1	T28	Karen Gillum-Green	12:27.88

Male - 3000m			
Place	Race No	Name	Time
M16			
1	W61	Michael Krause	9:11.61
2	G34	Jimmy Tie	9:34.92
3	H37	Brendan Speakman	9:56.21
4	G53	Zane Stellingwerf	10:04.84
5	S30	Patrick Twiss	10:50.72
6	M23	Nathan Pinkney	12:12.40

M19			
1	G36	Josh van Dalen	9:18.76
2	M22	Daniel Pinkney	9:41.37
3	G50	Stefan Grobecker	9:43.93
4	M09	Liam Riley	9:47.98
5	G55	Angus Watson	9:55.02

Male - 5000m			
Place	Race No	Name	Time
M16			

1	M67	Kieran Clark	18:13.03
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SM			
1	G64	Tom Osborne	15:37.84
2	W57	Jon Justice	17:52.73
3	M15	Mark Searle	17:59.56

M40			
1	M64	Andrew Davenport	16:48.43
2	M16	Lance Gray	18:45.66
3	M50	Rob Dabb	18:56.58
4	W18	Gordon Clarke	20:17.61

Female - 4x100m Relay			
Place	Race No	Name	Time
SW			
1	108	Wellington A SW	50.10
2	112	Wanganui A SW	51.47
3	102	Hastings A SW	51.78
4	104	Manawatu A SW	51.92
5	122	Wanganui B SW	53.67
6		Hastings B SW	57.24

Male - 4x100m Relay			
Place	Race No	Name	Time
SM			
1	107	Wellington A SM	44.12
2	111	Wanganui A SM	44.82
3	119	Manawatu B SM	45.07
4	103	Manawatu A SM	45.12
5	101	Hastings A SM	45.19
6		Team Wellington SM	46.36
7	121	Wanganui B SM	46.60

Female - 4x400m Relay			
Place	Race No	Name	Time
SW			
1	116	Wairarapa A SW	4:03.40
2	102	Hastings A SW	4:08.59
3	104	Manawatu A SW	4:19.77
4	112	Wanganui A SW	4:21.76
5		Hastings B SW	4:31.69
6	106	Taranaki A SW	4:54.30

Male - 4x400m Relay			
Place	Race No	Name	Time
SM			
1	103	Manawatu A SM	3:26.43
2		Team Wellington SM	3:28.86
3	101	Hastings A SM	3:37.68
4	115	Wairarapa A SM	3:47.15
5	111	Wanganui A SM	3:52.31
6		Team Wellington B SM	3:58.14

Female - 80m Hurdles			
Place	Race No	Name	Time
W16			
1	R13	April Campbell	13.10
2	M69	Keeley Ohagan	13.53
3	T24	Chanel Watson	13.62
4	S57	Maddie Simmonds	13.77
5	G20	Mary McCartin	14.03
6	W29	Kristin Dovey	14.59

W16				
7	T04	Kendyl Fake		16.80

Male - 80m Hurdles

Place	Race No	Name		Time
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M16				
1	T09	Hayden Hendry		16.21

Female - 100m Hurdles

Place	Race No	Name		Time
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W16				
1	G33	Phillipa Symes		15.42
2	W09	Olivia Blundell		15.82
3	M02	Paige Lowe		16.58
4	G39	Rachael Wood		19.95

W19				
1	M01	Jaimee Knyn		16.09
2	M21	Mel Weitenberg		16.45
3	W58	Rachel Kemp		18.08

Male - 110m Hurdles

Place	Race No	Name		Time
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M16				
1	S15	Stephen Isaac		17.54

SM				
1	M11	Callum McConachy		16.80

Female - 300m Hurdles

Place	Race No	Name		Time
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W16				
1	M02	Paige Lowe		48.26
2	G20	Mary McCartin		52.44

W19				
1	M01	Jaimee Knyn		47.45

Male - 300m Hurdles

Place	Race No	Name		Time
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M16				
1	G60	Alex Forsyth		43.66
2	T09	Hayden Hendry		50.08

M19				
1	R02	Sam Greig		49.32

Male - 400m Hurdles

Place	Race No	Name		Time
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M40				
1	G62	Mark Cornaga		1:02.59

Female - 2000m Steeple

Place	Race No	Name		Time
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W16				
1	N03	Anna Creagh		8:30.37
2	G59	Meredith Paterson		8:31.38

W19				
1	G21	Caroline Mellsop		7:25.29

W35				
1	H30	Andrea Williams		7:48.40

Male - 2000m Steeple

Place	Race No	Name		Time
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M19				
1	G55	Angus Watson		6:17.92

SM				
1	W57	Jon Justice		6:59.98

Female - 3000m Walk

Place	Race No	Name		Time
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W16				
1	T12	Renee Moratti		20:07.21

W50				
1	S33	Terri Grimmett		18:17.11

Male - 3000m Walk

Place	Race No	Name		Time
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M19				
1	R06	Zach Sinclair		17:59.07
2	R05	William Simpson		22:20.67

M40				
1	M30	Andrus Lei		15:38.62

M50				
1	S34	Philip Grimmett		18:54.92

M55				
1	W91	Peter Rendall		22:06.99

Female - Long Jump

Place	Race No	Name		Perf
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W16				
1	W37	Bobby Rose Girven-Russel		5.48
2	M69	Keeley Ohagan		4.77
3	M04	Stacey Gunn		4.63
4	G68	Siobhan Wooding		4.57
5	S64	Elise McIlroy		4.47
6	M07	Kate Philpott		4.36
7	G08	Georgia Donald		4.32
8	W23	Monique Dalley		4.30
9	G16	Danielle Janes		4.20
10	H09	Greer Donovan		3.67
11	W44	Kelly Hanlon		3.61
	W29	Kristin Dovey		NJ

W19				
1	G37	Libby van Zanten		4.76

Male - Long Jump

Place	Race No	Name		Perf
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M16				
1	M34	Andy Kruy		6.70

2	H12	Benjamin Harrison		6.17
3	H43	Karl Hewitt		5.49
4	H44	Tim Burtin		5.03
5	M48	Jaco Vorster		4.83

M19				
1	T03	Daniel Fake		5.89
2	H35	Ethan Ngawhare		5.71

SM				
1	W110	Matthew Sullivan		6.66

M40				
1	S68	Rod Plimmer		5.53

Female - High Jump

Place	Race No	Name		Perf
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W16				
1	N01	Emma Sutherland		1.60
2	M69	Keeley Ohagan		1.60
3	T24	Chanel Watson		1.50
4	M02	Paige Lowe		1.45
5	T04	Kendyl Fake		1.40
6	T29	Janelle Busby		1.35
7	W23	Monique Dalley		1.25
8	T06	Jade Fern		1.20
	M24	Eve Lucinski		NH

W19				
1	W107	Harriett Sowman		1.45

Male - High Jump

Place	Race No	Name		Perf
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M16				
1	H12	Benjamin Harrison		1.80
2	H19	Callum Murphy		1.55
=	M68	Tom Hayes		1.55
4	M48	Jaco Vorster		1.50
5	M72	Jordan Clark		1.35

M19				
1	T20	Regan Standing		2.02

M40				
1	M70	Brian Curry		1.60

Female - Pole Vault

Place	Race No	Name		Perf
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W16				
1	G39	Rachael Wood		2.20
2	W44	Kelly Hanlon		2.00

W19				
	W58	Rachel Kemp		NH

Male - Pole Vault

Place	Race No	Name		Perf
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M19				
1	R07	Cameron Sinclair		1.90

SM				
1	G69	Peter Coombs		3.00

M40				
1	M70	Brian Curry		2.80

Female - Triple Jump

Place	Race No	Name		Perf
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W16				
1	M07	Kate Philpott		10.30
2	M04	Stacey Gunn		9.92

W19				
1	W107	Harriett Sowman		10.81
2	M01	Jaimee Knyn		10.63
3	M21	Mel Weitenberg		10.12

Male - Triple Jump

Place	Race No	Name		Perf
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M16				
1	T03	Daniel Fake		13.33
2	M59	Nick Fee		9.94

M19				
1	G18	Geoff Kibby		13.01

Female - Shot Put

Place	Race No	Name		Perf
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W16				
1	S51	Leesa Lealai-Salanoa		11.39
2	G24	Te Reo Paki		10.70
3	R16	Courtney Fafeita		10.43
4	T27	Olivia Hofmans		9.00
5	G56	Gloria Flower		8.55
6	T24	Chanel Watson		7.95
7	T12	Renee Moratti		7.73
8	T23	Amy Uluave		7.72
9	N07	Nicola Wilson		6.88
10	R18	Maria Taylor		6.46
11	T04	Kendyl Fake		6.44

W19				
1	M28	Jordyn Thomas		9.99

SW				
1	M45	Megan Parkhill		10.58

Male - Shot Put

Place	Race No	Name		Perf
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M16				
1	S54	Ryan Tinkle		15.50
2	M47	Adam Miller		14.49
3	H41	Jesse Quaife		13.90
4	M58	Cameron Prouting		8.85

M19				
1	R03	Josh Greig		12.33

Female - Discus

Place	Race No	Name		Perf
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W16				
1	S51	Leesa Lealai-Salanoa		45.15
2	R16	Courtney Fafeita		34.48
3	M14	Ariana Blackwood		34.18
4	G24	Te Reo Paki		28.36

5	G56	Gloria Flower		23.92
6	R18	Maria Taylor		23.29
7	T14	Sara Morehu		22.44
8	W34	Casey Flint		21.42
9	T12	Renee Moratti		19.74
10	N07	Nicola Wilson		18.85
11	T23	Amy Uluave		18.49
12	T29	Janelle Busby		17.38

W19				
1	H16	Aimee Maulder		30.97
2	M28	Jordyn Thomas		26.94

SW				
1	M45	Megan Parkhill		41.11

Male - Discus

Place	Race No	Name		Perf
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M16				
1	H41	Jesse Quaife		51.14
2	S54	Ryan Tinkle		50.97
3	R09	Alex Fafeita		46.05
4	M47	Adam Miller		41.96
5	M58	Cameron Prouting		35.22
6	M59	Nick Fee		24.00

M19				
1	R03	Josh Greig		35.09
2	G54	Rhys Pasalich		28.14
3	R07	Cameron Sinclair		24.32

M55				
1	H06	Joseph Bradley		31.21

Female - Javelin

Place	Race No	Name		Perf
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W16				
1	G56	Gloria Flower		27.93
2	M14	Ariana Blackwood		27.84
3	G16	Danielle Janes		23.61
4	W44	Kelly Hanlon		21.62
5	T01	Hannah Brewer		21.48
6	W34	Casey Flint		20.59
7	T06	Jade Fern		17.43
8	T14	Sara Morehu		16.79

W19				
1	G02	Anna Brodie		22.57

Male - Javelin

Place	Race No	Name		Perf
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M16				
1	S52	Franco Patu		44.97
2	R09	Alex Fafeita		41.19
3	G34	Jimmy Tie		31.94

M19				
1	R03	Josh Greig		33.58
2	G54	Rhys Pasalich		28.31

SM				
1	G63	Peter Pehi		56.04
2	M15	Mark Searle		25.70

M40				
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1	M70	Brian Curry		33.19
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Female - Hammer

Place	Race No	Name		Perf
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W16				
1	R16	Courtney Fafeita		40.51
2	G24	Te Reo Paki		27.60
3	H45	Sarah Flynn		23.86
4	T23	Amy Uluave		23.78
5	G56	Gloria Flower		21.19
6	T14	Sara Morehu		20.72

W19				
1	H16	Aimee Maulder		33.26

Male - Hammer

Place	Race No	Name		Perf
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M16				
1	S54	Ryan Tinkle		62.08
2	M47	Adam Miller		44.61
3	R09	Alex Fafeita		39.31

M55				
1	H06	Joseph Bradley		34.25

