



## Newsletter #11

### Results and news from Wednesday 3<sup>rd</sup> to Tuesday 9<sup>th</sup> October 2018

The men's 60 metre race at last Tuesday's Palmerston North Athletic and Harrier Clubs meeting was a great example of the benefit of using a dip finish. Track races are judged by the order athletes torso reach the finishing line. Heads, arms, legs and feet do not form part of the torso so are not considered when judging a finish. You will have observed in sprint races top athletes dipping their shoulders forward as they reach the line. Brayden Grant and Jordan Peters were locked together as they crossed the finish the line on Tuesday. However the photo finish image showed that Grant had dipped at the line so his shoulders were the first part of his torso that reached the line whereas Peters crossed in a more upright stance so it was his chest that was the part of his torso judged. The image clearly showing the dip was the difference with victory to Grant by two hundredths of a second.

Personal bests to Pavinee Watson and Joseph Chamberlain in the 200m (27.37s and 24.79s), and Braydn Popow 16m12.53s for 3000 metre walk were amongst the top performances on the night. The open 800m saw Grant run out an impressive winner in 2m04.64 and Monique Whiteman the first female home in a very good 2m25.28s. The 3000m race saw Benjamin Wall go to the front and was never heading winning comfortably in 9m20.13s. David Lovelock produced another of his solid finishes to head off Theo Purdy and Liam Woolford for the minor placings.

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Whilst not athletic we extend our congratulations to club member Anabel Romero-Gemmell on becoming the New

Zealand under 13 Squash champion.

She knocked out the number 1 and 2 seeds in hard fought matches showing determination, composure and fight. She also got awarded the prestigious Most Valued Junior Girl for 2018. This award has many great Squash players engraved on this plate, and at just 11 she is the youngest to be awarded this honour.

Perhaps not surprising as both her parents excelled at sport. Her father Victor, a Mexican Davis Cup representative and her mother Katrina, a New Zealand athletic age champion.



*The New Zealand under 13 Squash Champion, Anabel Romero-Gemmell showing off her well-earned trophy, medal and plate (Photo courtesy of Katrina Gemmell)*

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Congratulations to Matt Field who competed at the Australian Organ Transplant Games on the Gold Coast over the weekend.

Many of you have seen Anne Thomson's Facebook posts but for those who have not, she writes "Matt has highlighted what can be achieved with courage and resilience winning

the 100m, 200m, 400m, Long Jump and a second place in High Jump.

This organisation celebrates participation (and the second chance at life); there are events for Supporters. Janey, Matt's partner, won all of her events - 5km fun run, swimming x2, and Long Jump.

To add to Matt's list was a win in the 5km fun run and a bronze in Tennis. Matt's achievements were further recognised when he was awarded the Shield for the most successful International competitor (across all of the sports codes) at the Games."

Championships being held in Cairns in December. Liam Back, Tayla Brunger, Emma Osborne and Genna Maples have been selected in the team of 16 athletes.



*Matt with his Shield for the Most Successful International Competitor at the Australian Organ Transplant Games.*

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Feilding Moa report from the New Zealand Road Relay Championships last weekend saw their junior team finish 4th and their Men's team, 10th in the C grade. Highlights being both Samuel Phillips and Liam Wall recording the second fastest times for their laps with Andre Le Pine-Day the fourth fastest. Perhaps the biggest news coming out of the weekend was the announcement that Feilding will be the venue for next year's event.

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Congratulations are also in order to the Wanganui Collegiate athletes that have been selected to represent New Zealand Secondary Schools at the Australian All Schools